

God Won't Give you More than you can Handle

Things the Bible Doesn't Say

The Lie: God never wants me to be _____ or
_____.

BUT I _____.

Either God is _____ or our understanding of truth
is _____.

_____ you pass through the waters...
_____ you pass through the rivers...
_____ you walk through the fire...

What do I do?

_____ the truth. [Fight fear]

_____ the truth. [Give glory to God]

REALife Application

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in scripture. Each questions is meant for both personal reflection and as a catalyst for discussion with your family, friend, or REALife Group.

What kind of lies might I be believing about what God wants for me? What truth does the Bible have about these areas in my life?

Have I used times of peace to build a foundation built upon rock? What does that look like? Am I in a time of peace now?

Think, pray, and discuss about instances (maybe now) when you felt overwhelmed. Has God shared why those times happened? Have you asked? Take time to submit to God, asking for understanding, but seeking to be willing to follow him even without understanding.

Do you have fears that come up often? Times that you consistently feel overwhelmed? Seek Biblical truth that speaks to these situations. Memorize verses. Find other people in the church that struggle, and fight fear together. Seek to find other people in the church that have found victory. Learn from them.

Pray to God for the strength to praise him no matter what your feelings, or the circumstance. Take time to think about why he is worth praising, and deserves it.

God Won't Give you More than you can Handle

Things the Bible Doesn't Say

The Lie: God never wants me to be [unhappy, overwhelmed, busy, stressed, or hurting].

BUT I AM.

Either God is a liar or our understanding of truth is wrong.

When you pass through the waters...

When you pass through the rivers...

When you walk through the fire...

What do I do?

Remember the truth. [Fight fear]

Proclaim the truth. [Give glory to God]

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